## Fact Sheet:

## The California Association Of Addiction Recovery Resources

The California Association of Addiction Recovery Resources (CAARR) is a nonprofit membership organization, which serves as the principle voice for social model recovery programs throughout California. The roots of modern social model recovery are in the mutual self-help concepts of Alcoholics Anonymous. Programs emphasize the process of learning through "doing" and "experiencing," and by providing positive role models.

The organization is comprised of individuals and programs that are among California's most highly respected practical researchers and refiners of social model recovery. CAARR's singular purpose is to provide a positive impact on the suffering alcoholic and addict population and to assist families as well as the community in general. The organization's mission is to encourage the development, expansion and continuing quality of social model programs in California through advocacy, education, training and positive role modeling.

The Association offers a variety of assistance to recovery programs, social model detoxification centers, neighborhood recovery centers, sober living environments and groups of individuals proposing to begin new programs. The assistance often takes the form of program and management consultation services, and extensive education offerings through the CAARR Institute, which is offered in over 24 sites throughout California, and additional sites upon request.

In addition, CAARR is one of the recognized counselor certification

organizations in the state.

As a non-profit corporation in good standing, CAARR is exempt from both state and federal taxes. Activities are supported through membership dues, donations, educational materials and presentations and contracts with various governmental entities for the provision of technical assistance and training services. The budget supports a small coordinating staff, but much of the Association's work is accomplished through the efforts of trained volunteers and volunteer committee members.

Over thirty-two years ago California recovery homes, grouped in regional affiliation at the time, began a tradition of practical learning and sharing of experience in social model alcohol/drug addiction recovery. Joining together statewide, many of those same facilities are today members of CAARR.

For more than three decades the Association has sought above all to preserve continuity of that tradition of integrity through the careful practice of established recovery principles. Such fundamentals as volunteerism, leading by example and mutual self-help have been found essential to CAARR's proven success in addressing the real issues of recovery for the alcoholic and addict, the family and the community.

For more information about CAARR please call (916) 338-9460.